



[FIRST STEP Campaign](#)

[N.C. Back to Sleep Campaign](#)

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Baby's Easy Safe Sleep Training (BESST) Agreement

My signature below signifies that I have received the BESST training from the North Carolina Healthy Start Foundation staff or its representative, or purchased the BESST educational materials from the North Carolina Healthy Start Foundation, and that I agree to the following:

- Any use of the materials and information obtained from the North Carolina Healthy Start Foundation in any commercial manner is prohibited without the express written permission of North Carolina Healthy Start Foundation.
- The materials and instructional methods are the intellectual property of the North Carolina Healthy Start Foundation and cannot be used or reproduced without the written consent of the North Carolina Healthy Start Foundation.
- I understand that the materials and information offered present methods that have proven effective in reducing the risk of Sudden Infant Death Syndrome (SIDS), but that the risk of SIDS cannot be totally eliminated and that application of these methods does not guarantee that SIDS will not occur. Therefore, I will use the phrase "reduce the risk of SIDS", not "prevent SIDS", in trainings or any communication with the public.

Print Name

Signature

Date